

• Woodbridge Township School District •

Spring Staff Development Academy

The following workshops are being offered to assist you in accruing your professional development hours as mandated by the state. This academy is offering several 10 hour courses, which qualify for PD hours as well as a salary guide credit. If you would like to volunteer to teach a course, please call or e-mail: rhonda.dalton@woodbridge.k12.nj.us.

If you teach a course, you will receive Professional Development hours for each hour that you teach, as well as 2 hours for preparation time. Teaching the same or similar courses shall count only once in a five-year cycle.

You will not receive individual confirmation for these workshops. Please check the CLASS ROSTERS that will be posted in your schools' main office for name, date and classroom. If you are not listed on the roster, the class is full and you will not be permitted to attend unless you are notified of a cancellation.

**Please complete the attached registration form and return it by March 3, 2008 to:
Spring Staff Development Academy C/O John Springsteen, Administration Building**

****NEW - BOOK DISCUSSION WORKSHOPS: (Workshops 1, 2 & 3 are book discussion workshops where each group will form a collaborative learning team(s) that will "learn by doing" as they reflect on and work through the strategies and issues in each book. Books will be distributed at the first class for you to borrow in order to complete the reading assignments for these workshops. Please plan to be prepared to discuss the assignments for each class.)***

1. "Classroom Instruction That Works: Research-Based Strategies for Increasing Student Achievement"

- by Robert Marzano, Debra J. Pickering, and James E. Pollock (for teachers in Grades K-12)

JFK Media Center 4/23, 4/30, 5/ 7, 5/14, 5/21 4:00 - 6:00

Want to know which teaching practices really raise student achievement and by how much? This informative guide provides research evidence, statistical data, and case studies to answer your question. Distilling decades of information into a clear plan of action, the authors identify nine categories of instructional strategies that maximize student learning and explain the vital details you need to know about each.

This book is your source for studies in effective size and percentile gain units; guiding principles for using effective strategies; classroom examples of model instructional practice; charts, frames, rubrics, organizers, and other tools to help teachers increase achievement with research-based strategies.

(Facilitator: Donna Jacobson)

10 hours of Professional Development & 1 Salary Guide Credit

2. "Worksheets Don't Grow Dendrites: 20 Instructional Strategies That Engage the Brain"

- by Marcia L. Tate (for teachers in Grades K-12) **CHS Media Center 4/7, 4/14, 4/21, 4/28, 5/12 4:00 - 6:00**

Attention spans, subject interest, learning styles, and even levels of understanding vary from student to student. Just as every student is different, teachers have their own personalities and teaching styles. Yet years of research confirm that certain teaching tools awaken the desire to learn in students by engaging their brains. And once their brains are engaged, synthesis, and retention of information will soar! Actively engaging students in the learning process is the best way for them to succeed in school and life.

Worksheets Don't Grow Dendrites targets teachers as "growers of brain cells" and encourages them to make practical application of the findings of learning style theorists and neuroscientists. Tactile learners, spatial thinkers, and logical minds alike will become eager students as the strategies in this handbook are implemented. Imagine raising student achievement by meeting the learning needs of each student and increasing subject matter understanding, all while enjoying teaching and learning.

(Facilitator: Rhonda Dalton)

10 hours of Professional Development & 1 Salary Guide Credit

3. "Managing Your Classroom With Heart: A Guide for Nurturing Adolescent Learners"

- by Katy Ridnour (for teachers in Grades 6 - 8) **IMS Media Center 4/8, 4/15, 4/ 22, 5/6, 5/13 3:30 - 5:30**

Teaching is as much about students as it is about curriculum. But even the most dedicated teacher can sometimes feel defeated by the challenge of reaching distracted, disconnected and defiant adolescents. Managing with heart means accepting teenage students as they are and recognizing what they need: a connection with the curriculum; a sense of order; and most essentially, a sense that someone cares. In this book, you'll find practical strategies to create a positive learning community, enhance students' confidence and interpersonal skills, and rediscover the reward of being a teacher.

(Facilitator: Suzie Feneis-Mandell)

10 hours of Professional Development & 1 Salary Guide Credit

4. Cooperative Learning & Questioning "What's it all About?" WHS Media Center 4/24, 5/1, 5/ 8, 5/15, 5/22 4:00 - 6:00

This is a "get up and do" hands-on learning experience that will provide the participant with the theoretical framework of Cooperative Learning and Questioning from the inside out and be able to apply what they have learned in their very next class lesson. Be prepared to work and have fun in a collegial learning environment. (Instructor: Paul Lavelle)

10 hours of Professional Development & 1 Salary Guide Credit

- 5. Incorporating Step Aerobics into the Phys Ed Curriculum** **CMS Gym/Cafe** **4/28, 4/30, 5/5, 5/7, 5/12** **4:00 - 6:00**
 Step Aerobics is a simple, athletic and fun workout using an adjustable step platform to step up and down to uplifting music. Benefits include: stress and weight management, toning for the lower body; increased: cardio fitness, coordination, upper and lower body conditioning for functional strength. *(Instructor: Gayle Cardinal)*
10 hours of Professional Development & 1 Salary Guide Credit for Physical Education Teachers ONLY, everyone else is welcome for enrichment
- 6. Incorporating Kickboxing into the Phys Ed Curriculum** **CMS Gym/Cafe** **4/7, 4/9, 4/14, 4/16, 4/21** **4:00 - 6:00**
 Kickboxing is a non-combat, martial arts based fitness class. This course will help PE instructors implement cardiovascular exercise into the PE curriculum, therefore, encouraging kids to get up and move to help combat childhood obesity. Participants will workout to the latest music. Benefits include: stress and weight management, toning key muscle groups, increased cardio fitness, improved: coordination, agility, core strength, bone density, self-confidence. *(Instructor: Gayle Cardinal)*
10 hours of Professional Development & 1 Salary Guide Credit for Physical Education Teachers ONLY, everyone else is welcome for enrichment
- 7. Adult & Child CPR – Recertification ONLY** **AMS Room 202** **4/9** **4:00 - 6:00**
 Review the steps and techniques of CPR for children and adults and become re-certified.
PREREQUISITE: Current Child & Adult CPR Certification. *(Instructor: Beth Hercek)* *2 hours of Professional Development*
- 8. Adult & Child CPR** **AMS Room 202** **4/16, 4/23** **4:00 - 6:00**
 Learn how to save a life! Learn the steps and techniques of CPR for children and adults and become certified. This class is for people learning CPR for the first time. *(Instructor: Beth Hercek)* *4 hours of Professional Development*
- 9. Understanding the Disabled Student** **#9 Media Center** **4/2** **4:00 - 6:00**
 It is impossible to teach or discipline a student that you do not understand. Learn what a disability means from the student's perspective and gain practical advise on how to teach these unique students. *(Instructor: Julie Bair)*
2 hours of Professional Development
- 10. Cyber Bullying** **#18 Media Center** **4/1** **4:30 - 6:30**
 Learn what Cyber Bullying is, how it works and who it affects. Learn what adults/teachers can do to prevent and address Cyber Bullying. Handouts will be provided. *(Instructor: Amy Ferrara)* *2 hours of Professional Development*
- 11. The Urban Student in the Suburban Setting** **#2 & 16 Registration** **5/13** **4:00 - 6:00**
 The inner city youngster brings to our school system an array of unique issues that cause teachers concern, and at times, confusion. This course is designed to alert staff to the cultural, economic, and societal factors that influence the behaviors and learning processes of these students. *(Instructor: Amy Pinto)* *2 hours of Professional Development*
- 12. A Night at Italy** **CHS Room 104** **4/23** **3:30 - 6:30**
 Experience an Authentic Italian Slow dining atmosphere. Learn how to make Italian marinara tomato sauce and homemade manicotti. Dinner will include salad, beverage and dessert. There will be a \$5 fee for materials collected during class.
(Instructor: "Chef" Joseph Siclari)
3 hours of Professional Development for Home Arts Teachers ONLY, everyone else is welcome for enrichment only
- 13. Thermofax Silkscreening** **CHS Room 103** **5/13 & 5/20** **3:00 - 5:00**
 This course will provide teachers with the basics of doing silkscreen in their classrooms with no cutting or solvents. Participants should bring Xeroxed copies of line drawings no bigger than 6X7. *(Instructor: Ed Whitman)*
4 hours of Professional Development for Industrial Arts & Art Teachers ONLY, everyone else is welcome for enrichment
- 14. County Line Dancing** **AMS Gym** **4/21, 4/28, 5/5, 5/12, 5/19** **3:00 - 5:00**
 Learn to line dance to some new and old country music. Have fun while getting a workout. You will learn some line dances as well as the two step and couple dances. Please wear comfortable dancing shoes. *(Instructor: Beth Hercek)*
Enrichment Only
- 15. Administering the Battelle by School Psychologists** **2 & 16 Registration** **4/22** **4:00 – 5:30**
 This course will give an overview of the administration of Battelle Developmental Inventory for Preschoolers.
(This course is limited to School Psychologists.) (Instructor: Audrey Anderson) *1.5 hours of Professional Development*
- 16. Administering the Battelle by LDTC's** **2 & 16 Registration** **4/15** **4:00 – 5:30**
 This course will give an overview of the administration of Battelle Developmental Inventory for Preschoolers.
(This course is limited to LDTC's.) (Instructor: Margaret Lardieri) *1.5 hours of Professional Development*

17. **Get a Grip by Letting Go of Stress** **WHS Room Media Center** **4/17** **SESSION 1** **3:00 - 4:00**
 18. **Get a Grip by Letting Go of Stress** **WHS Room Media Center** **4/17** **SESSION 2** **4:00 - 5:00**

The doctors at Backsmart Wellness Center will provide instruction and hints on how to cope with everyday stresses – from both a physical and emotional point of view. Specific exercises and breathing techniques will be explained and demonstrated allowing you to reduce the stress of everyday situations. *(Instructor: Backsmart Wellness Center)* *Enrichment Only*

19. **Safety – At Work and At Play** **WHS Room Media Center** **5/29** **SESSION 1** **3:00 - 4:00**
 20. **Safety – At Work and At Play** **WHS Room Media Center** **5/29** **SESSION 2** **4:00 - 5:00**

Good habits in the workplace are much like good habits at leisure and are easy to maintain – once you get started! This workshop will address how to know limits and maintain them, how to be most productive, and have fun! The most common occupational injury is a back injury. You will learn how to avoid injuries before they occur. *(Instructor: Backsmart Wellness Center)* *Enrichment Only*

Memo: All participants are expected to attend each full session in order to receive a Professional Development Certificate. Please arrange your schedule so you can arrive on time and stay to the end of each session. If you are unable to attend a workshop you have been registered for, please contact so your seat can be filled: Rhonda Dalton 732-499-4375 ASAP.

**The following courses are available FREE for NJEA MEMBERS on-line at:
<http://www.njea.org/pd/elearning.aspx>**

504 Online		Credit Hours: 2.0
Building A Classroom Community That Supports A Differentiated Classroom	Presenter: Debbie Silver	Credit Hours: 2.0
Changing Instruction For The Block Length Class	Presenter: Rick Wormeli	Credit Hours: 2.0
Creating a Classroom Community		Credit Hours: 2.0
Data In The Classroom, part 1	Presenter: Lee Jenkins	Credit Hours: 2.0
Data In The Classroom, part 2	Presenter: Lee Jenkins	Credit Hours: 2.0
Differentiated Assessment and Grading	Presenter: Rick Wormeli	Credit Hours: 2.0
Drug Prevention Strategies for Educators		Credit Hours: 2.0
Facilitating Student Learning Online		Credit Hours: 2.0
Managing Multiple Tasks for ESP: Online Tutorial		Credit Hours: 2.0
More Strategies For Addressing Academic Diversity In The Middle Grades	Presenter: Carol Ann Tomlinson	Credit Hours: 2.0
More Strategies For Differentiation	Presenter: Carol Ann Tomlinson	Credit Hours: 2.0
Motivating And Engaging The Middle School Student	Presenter: Rick Wormeli	Credit Hours: 2.0
Organizing Your Workday for Bus Drivers: Online		Credit Hours: 2.0
Paras and Teachers Building Relationships		Credit Hours: 2.0
Principles of Lesson Planning		Credit Hours: 2.0
Problem Based Learning Online		Credit Hours: 2.0
Strategies For Addressing Academic Diversity In The Middle Grades	Presenter: Carol Ann Tomlinson	Credit Hours: 2.0
Strategies For Differentiation	Presenter: Carol Ann Tomlinson	Credit Hours: 2.0
Succeeding with Difficult Students of Educational Support Professionals	Presenter: Darryl Ensminger	Credit Hours: 2.0
Successful Secondary Classroom Management Online		Credit Hours: 2.0
The Culturally Responsive Classroom	Presenter: Janet Tisdale	Credit Hours: 2.0
The Reading Process: Online Language Arts Tutorial		Credit Hours: 2.0
User Friendly Data For Schools	Presenter: Lynda Irvin	Credit Hours: 2.0
Using Rubrics to Evaluate and Improve Student Performance, Part 1	Presenter: Jay McTighe	Credit Hours: 2.0
Using Rubrics to Evaluate and Improve Student Performance, Part 2	Presenter: Jay McTighe	Credit Hours: 2.0

Spring 2008 Staff Development Academy Registration

Check one: Certified Staff _____ Non-Certified Staff _____

Name: _____ Date: _____

School Assignment: _____ E-Mail Address: _____

Work Phone: _____ Home Phone: _____

Please choose up to 5 courses you would like to participate in, 1 being your first choice. WRITE A NUMBER 1 TO 5 on the appropriate line. You will not receive individual confirmation for these workshops. Please check the CLASS ROSTERS posted in your schools' main office. If you are not on the roster, you will be placed on a waiting list. If you are unable to attend any workshop that you are scheduled for, please call or e-mail: Rhonda Dalton at 732-499-4375 or rhonda.dalton@woodbridge.k12.nj.us

**Please complete the attached registration form and return it by March 3, 2008 to:
Spring Staff Development Academy C/O John Springsteen, Administration Building**

*If you receive your 1st choice, please check if you do not want to be scheduled for any other course: _____
or I would also like to be scheduled for my following choices: (Please check) 2nd ____, 3rd ____, 4th ____, 5th ____*

*** NEW - BOOK DISCUSSION WORKSHOPS**

- | | | | |
|--|-----------------------|------------------------------|-------------|
| <input type="checkbox"/> 1. "Classroom Instruction That Works: Research-Based Strategies for Increasing Student Achievement"
<i>(for teachers in Grades K-12)</i> | JFKHS Media Center | 4/23, 4/30, 5/ 7, 5/14, 5/21 | 4:00 - 6:00 |
| <input type="checkbox"/> 2. "Worksheets Don't Grow Dendrites: 20 Instructional Strategies That Engage the Brain"
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| <input type="checkbox"/> 4. Cooperative Learning & Questioning | WHS Media Center | 4/24, 5/1, 5/ 8, 5/15, 5/22 | 4:00 - 6:00 |
| <input type="checkbox"/> 5. Incorporating Step Aerobics into the Phys Ed Curriculum | CMS Gym/Cafe | 4/28, 4/30, 5/5, 5/7, 5/12 | 4:00 - 6:00 |
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| <input type="checkbox"/> 9. Understanding the Disabled Student | #9 Media Center | 4/2 | 4:00 - 6:00 |
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| <input type="checkbox"/> 11. The Urban Student in the Suburban Setting | #2 & 16 Registration | 5/13 | 4:00 - 6:00 |
| <input type="checkbox"/> 12. A Night at Italy | CHS Room 104 | 4/23 | 3:30 - 6:30 |
| <input type="checkbox"/> 13. Thermofax Silkscreening | CHS Room 103 | 5/13 & 5/20 | 3:00 - 5:00 |
| <input type="checkbox"/> 14. County Line Dancing (E) | AMS Gym | 4/21, 4/28, 5/5, 5/12, 5/19 | 3:00 - 5:00 |
| <input type="checkbox"/> 15. Administering the Battelle by School Psychologists | 2 & 16 Registration | 4/22 | 4:00 - 5:30 |
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| <input type="checkbox"/> 18. Get a Grip by Letting Go of Stress (E) | WHS Room Media Center | 4/17 SESSION 2 | 4:00 - 5:00 |
| <input type="checkbox"/> 19. Safety – At Work and At Play (E) | WHS Room Media Center | 5/29 SESSION 1 | 3:00 - 4:00 |
| <input type="checkbox"/> 20. Safety – At Work and At Play (E) | WHS Room Media Center | 5/29 SESSION 2 | 4:00 - 5:00 |

*Memo: All participants are expected to attend each full session in order to receive a Professional Development Certificate.
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****(E) ENRICHMENT ONLY. NOT ELIGIBLE FOR PROFESSIONAL DEVELOPMENT HOURS***